

4-30-09

Dear Pittsburg ISD Families,

We want to assure the community that the PISD is taking every precaution to prevent the spread of the H1N1 virus known as "Swine Flu". **FIRST LET ME TELL YOU THAT WE HAVE NOT SEEN ANY FLU SYMPTOMS IN THE OFFICES IN THE LAST WEEK.**

This is a list of school activities to prevent the spread of any illness:

1. Encourage proper hand washing by all. Extra supplies are being placed in the restrooms.
2. Encourage everyone to use the "cough into the elbow" technique or use tissues, properly dispose of the tissues in trash cans, and followed with good hand washing.
3. Teachers are making observations of their students upon arrival to determine if any appear to be ill. Bus drivers will also observe for children who are ill and report concern to parent or principal.
4. Students who report having been sick at home or having a fever in the last 24 hrs. must be sent home. Fever over 100.4 will be sent home.
5. The janitors will be disinfecting the rooms more often. Teachers who have concerns will notify the principal to determine if more frequent disinfecting is necessary.
6. All field trips, sporting events, etc. have been canceled to reduce contact with other communities.
7. The Nurse or her assistant is responding to all reports of illness. Every precaution is being taken.
8. The communication from the health agencies is being monitored and you will be notified if there is concern in our area.
9. If we are notified that schools are closing whether as a precaution or concern, limit going to areas where there is public gatherings. This will decrease the ability for spread.

The Department of State Health Services has set up a plan for response to illnesses and they will give information as it becomes available.

Again, **THERE HAS NOT BEEN ANY REPORTS IN PISD.**

What parents can do:

Make sure your child gets adequate food and rest. If your child is having showing signs of fever, vomiting, or diarrhea in the last 24 hrs. **Do not send them to school.** *Flu – Like Symptoms:

Symptoms include: fever >100°, malaise, muscle aches, cough, runny nose, sore throat, chills, and headache.

Contact your child's physician for further information. Any questions or concerns are to be directed to Tonia Stuard, RN, PISD School Nurse .